



Please join us for a workshop for parents and teachers

CELEBRATE CALM

10 Secrets to a Stress-Free Home & School

MONDAY, APRIL 26, 7-9 P.M.

CHRISTINA B. JONES THEATRE, FINE ARTS CENTER
RAVENSCROFT SCHOOL CAMPUS

- ✓ Create a calm home—eliminate yelling and arguing.
- ✓ Improve focus, attention and behavior in school.
- ✓ Create stress-free mornings and homework time.
- ✓ Relieve anxiety, meltdowns and sensory issues.
- ✓ Eliminate defiance and disrespect.

Join us for a humorous, practical workshop with nationally-recognized expert Kirk Martin, who has trained over 75,000 parents and teachers. Helpful in reducing anxiety and stress in all families, including those with special needs.

The Workshop is FREE to the community and there is no need to register. Just bring friends and neighbors — we'll have a great time, have several "Ah-hah" moments and leave with a dozen practical tools that will help immediately.

Ravenscroft School

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www.celebratecalm.com