



**RAVENSCROFT SCHOOL  
COMMUNITY HEALTH TEAM (CHT)  
REFERRAL FORM**

Thank you for taking this step to share a concern, about someone's behavior and health, with the Community Health Team (CHT). To assist us with your concern, the information on this referral form will be used to determine the student's needs and help develop an appropriate course of action. Therefore, by completing this form, you are neither providing a label nor a diagnosis. After the form is received, the concern for the behavior may be addressed with the student; however, the information, including your name, is confidential and will not appear in the student's permanent academic record. Since a member of the CHT may need to discuss your concern with you, we cannot accept an anonymous referral. As a result, you need to sign your name on the form. You are taking an important step that will allow us to support the health and well-being of a student in our community. Again, we thank you.

Student being referred:

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Primary Reason for Referral

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Please check all of the behaviors which concern you and add further comments if you can.

**Behavior Related to Alcohol or Other Drug Use**

- Your friend gets drunk or high on drugs on a regular basis.
- Your friend's drinking and/or drug use has become increasingly frequent.
- Your friend gulps his drinks or brags about being able to "hold his liquor."
- Your friend lies about the frequency or amount of his or her use (she says she drinks less than she actually does).
- Your friend constantly talks about his or her drinking or drug use before or after doing it.
- Your friend's personality or behavior changes significantly when he or she drinks or takes drugs (i.e. normally he is very shy; he drinks and becomes violent).
- Your friend experienced a blackout (forgot what happened) while drinking or taking drugs.

- Your friend has abandoned people he/she used to hang out with.
- Your friend has taken up with a new crowd of friends who are known for their drinking and/or other drug use.
- Your friend has talked about “cutting back” or being able to quit anytime he/she wants.
- Your friend blows you off or changes plans at the last minute in an attempt to avoid you.
- Your friend drinks or uses drugs alone or during the school day.
- You feel embarrassed or hurt by your friend’s behavior when he or she is under the influence of alcohol or other drugs.
- Your friend talks to you about feeling angry, depressed, misunderstood, confused and/or suicidal.
- Your friend has been in trouble with the law because of alcohol or other drug use (i.e. got a DUI; got arrested for fighting while drunk).
- Your friend seems to always need money.
- Your friend has become secretive about his actions or about his personal stuff.
- Your friend engages in dangerous, hurtful or risky behavior while using alcohol or other drugs (such as stealing, getting into fights, hooking up with someone).

### **School Behavior**

- Your friend has been in trouble at school because of alcohol or other drug use.
- Your friend has abandoned interests or activities he or she used to like, such as sports, hobbies, music, theater and/or school groups or clubs.
- Your friend’s grades or school work have started to slip.
- Your friend is late to class/school on a regular basis, or is frequently absent.

### **Other Behaviors**

- Withdrawn, isolated
- Mood swings
- Talks about drugs, “partying”
- Change in friends or peer group
- Verbally abusive, bullying

### **Physical Appearance**

- Smells of alcohol or marijuana
- Slurred or incoherent speech
- Unusual symptoms: bloodshot eyes, runny nose

Please provide additional comments regarding your concerns:

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Referred by: \_\_\_\_\_

**Use a sealed envelope Deliver this hard copy to one of the CHT members below or deliver to the US Office.**

**Community Health Team (CHT) Faculty Members**

Mrs. Ann Carroll (Instructor in Math)

Mrs. Noell Egeland (Instructor in Science)

Mrs. Kerry Norman (Instructor in Physical Education)

Mrs. Shell Torres (Instructor in English)

CHT Chair: Susan R. Perry, PhD, MSW, LCSW Assistant Head of the Upper School for Faculty Development and Student Guidance